



St Thérèse was a Carmelite nun with an intense love of Jesus Christ. Her living for Him in the smallest events of her daily life became known as her 'Little Way' and it shows that such an extraordinary spiritual life can be lived through the apparently ordinary. Her Relics remind us of God's presence in her life and are a focus for prayer.

The relics of St Thérèse of Lisieux are to visit Britain for the first time, from 16th September to 7th October. Before she died in 1897, Thérèse expressed the desire to work as a missionary, spreading the faith to distant parts of the world. Whilst her early death prevented the fulfilment of this ambition, over the last fifteen years her relics have travelled to many countries, inspiring thousands of pilgrims to pray in their presence. Her relics will be at the Carmelite Church, Kensington on 11th and 12th October and Westminster Cathedral on 12th to 15th October.

CAFOD needs sponsored runners for The Great South Run! Please consider helping CAFOD on 25th October 2009, and take part in this famous 10 mile sponsored run past Portsmouth's many landmarks. Deadline for registration is 31st August. You can register online <http://www.cafod.org.uk/sponsored-events/apply-online> or Helen on 0207 095 5333

SVP QUIZ NIGHT

Saturday 3rd October at 8pm in the Parish Centre.
 Tickets £6 to include light supper.
 Bring you own drinks - Raffle
 To book tickets or for more information phone Katrina: 01923 231740

Paddle Aid

Over the August Bank Holiday Chris and Mike Jenkins will be attempting to set a new world record by canoeing the length of the Grand Union Canal (137 miles) from Birmingham to London to raise money for Macmillan Cancer Support. Please support them, and Macmillan by donating at their website <http://www.justgiving.com/paddleaid/>

Pedal for Peace Sunday 6th September

Join the fun with a 10, 20 or 30 mile cycle ride in circular routes from Cassiobury Park (starts 9am). For further details Tel: 330340 or email tgash@peacehospice.org.uk

Big Herts Walk Sunday 27th September

Enjoy beautiful surroundings with a choice of either a 3k pushchair friendly or 10k walk through Whippendell Woods to raise money for the Peace Hospice, Watford Mencap and Watford New Hope Trust. The walk starts at 1pm with registration from 12 noon. £10 Adults, £5 under 12's, £25 family of four. Lunch, a baseball cap, medal and certificate will be given to all walkers. Tel: 335348

Holy Rood Parish Camp



This Friday 28th August to Monday 31st August. At Lees Wood Campsite, Chandlers Cross near Watford. **All parishioners are welcome to join us for Mass at 5pm followed by a BBQ this Saturday 29th.** Please contact: Jackie on 230643 or Rosy on 235348 to book camp or for numbers attending Mass and/ or BBQ.

SWINE 'FLU PRECAUTIONS

For the duration of the pandemic we have implemented some measures to help us stay safe.

1. We will not use holy water on entering the church.
2. We will not shake hands at the Sign of Peace
3. We will not receive Holy Communion from the chalice



**Bike 'n Hike
 In Beds 'n Herts.
 Saturday 12 September
 10am to 6pm.**

- ◆ Have fun cycling or walking
- ◆ Help save your local heritage
- ◆ Raise funds for your local church or chapel.
- ◆ Over 600 churches and chapels to visit. Sponsor forms for participants are at the back of the church

World's BIGGEST Coffee Morning

On 25th September have a coffee with your friends, family and colleagues and together raise money for Macmillan Cancer Support
 Tel: 0845 602 1246
www.macmillan.org.uk

SPEC

Graduates wanted to join the SPEC Community to serve young people through Mission & Retreats. Call 01727 829212 for an information pack.

SPEC mission team are recruiting Young Adults to join the Youth Ministry Programme. Do you enjoy music, drama or outdoor activities? Willing to share your faith and interests with other young people?

SPEC is also recruiting 3 energetic, enthusiastic Children's Youth Ministry Team members aged 18-25 years to be trained to facilitate exciting programmes and week-long residentials. Training, Accreditation, Accommodation & monthly allowance paid. www.spec.org.uk

If you are holidaying in this area we are very pleased to welcome you to Holy Rood

Mass Intentions 22nd - 29th August 2009

Saturday	7.00pm	Don O'Sullivan	ANNIV
Sunday	8.00am	Murphy family	INT
Sunday	9.30am	Brigid McSorley	RIP
Sunday	11.00am	Richard Ellwood	ANNIV
Sunday	2.15pm	<i>Polish Mass</i>	
Sunday	6.30pm	John Cottle	RIP
Monday	8.30am	Margaret McBride	RIP
Monday	12 noon	Mrs A Mullally	INT
Tuesday	8.30am	Mick Keily	RIP
Tuesday	12 noon	Michael Fogarty	RIP
Wednesday	8.30am	No Mass	
Wednesday	12 noon	Valerie Pace	RIP
Thursday	8.30am	H J Elliott	RIP
Thursday	12 noon	No Mass	
Friday	8.30am	Aileen Buggy	RIP
Friday	12noon	Joyce Knott	RIP
Saturday	11.00am	For the Parish	RIP

Recently Deceased:

Hannah Hasset, Olive Freeth, Peggy McNamee, Reggie St Croix and John Sherry

Anniversaries:

Don O'Sullivan, Richard Ellwood and Kathleen Mackell.

Last Weekend's Collection

Loose: £776.70
Envelopes £890.57
Standing Orders: £324.94
 Many thanks for your generosity

Please note changes in weekday Masses this week.

There will be no Mass at 8.30am on Wednesday 26th August and 12 noon on Thursday 27th August.