

Welcome to Holy Rood

You are very welcome to our church and parish community. If you are new to Holy Rood, please introduce yourself to one of the clergy or welcomers.

Holy Rood Catholic Church, Watford.

Clergy: Fr. Paul McAleenan, Fr. John Elliott, Deacon Rev. Neville Dyckhoff

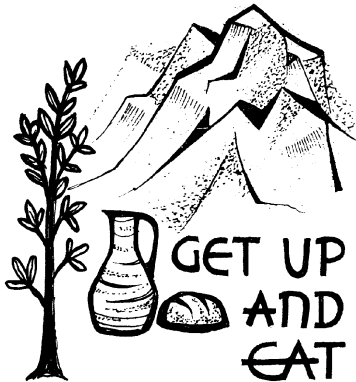
Student for the priesthood: Stuart Seaton

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e-mail: church@holyroodrc.com webpage: www.holyroodrc.com

Italian Chaplain: Fr. Alberto Vico - 0208 207 5713

Sunday 9th August 2009
Nineteenth Sunday of the Year



"I have had enough." So said Elijah. At some stage in our lives, most of us get to this point - we just don't have the energy or the motivation to go on. Perhaps because, like Elijah, we come very close to the recognition of our own fallibility. We are not the model person that we hoped we'd be. The beauty of this reading is that it reminds us that we may not be perfect enough for ourselves but we're good enough for God. We may not think that we're much use but God has a purpose for us.

Readings: Kings 19:4-8. Psalm 33. Ephesians 4:30 - 5:2. John 6:41-51. on pages 61 - 62 of the Parish Mass Book.

The angel stood at Elijah's shoulder and encouraged him, not once but twice: "Get up and eat". When we're feeling low and despondent he says the same to us because there is a long journey ahead of us; we need to be fit and strong. Often, like Elijah, we do not immediately recognise what the angel is telling us. It takes a second attempt.

The Jews did not immediately recognise Jesus. They complained. They focused upon his earthly heritage. They were not prepared to accept that he was something more, something divine, something of God.

It is when we're feeling low, demotivated, that we most need to recognise Jesus as Lord, Jesus as nourishment - bread for the journey. Then we need to turn to him to "get up and eat". The journey will surely be long, it may well be hard, but with him for nourishment and strength and companionship we will be able to go on, inspiring others as we go.

MASS TIMES

Sunday Sat. 7.00 p.m. (1st Mass of Sunday)

8.00 am; 9.30 am (Sung); 11.00 am (Family); 2.15 pm (Polish); 6.30 p.m.

Holydays 8.00 am, 12.00 noon and 7.30 p.m.

Weekdays 8.30 am & 12.00 noon Saturday 11.00 am

Watford General Hospital - Mass in the chapel (level 3) -Thursday 1.15 pm

CONFESSIONS Saturday 11.30 am - 12.30 p.m.; 6.15 - 6.40 p.m.

EXPOSITION OF THE BLESSED SACRAMENT & BENEDICTION Saturday 6.15 - 6.40 pm

BAPTISMS by appointment. WEDDINGS - 6 months notice required

HOSPITAL In the light of the Data Protection Act 1998 please indicate on entering hospital that your details may be passed to the R.C. Chaplain. Contact Lynn Bassett 01727 897 254.



O God, we hunger for stability, to know what we can count on. Teach us to count on your love. Show us how to give up counting on ourselves, and how to root ourselves in you. Give us courage to speak up about our own experiences of your love and power, that we might teach one another.

Amen.

8th & 9th August 2009			
Mass	Readers	Ministers of the Eucharist	Offertory
Sat 7.00pm	C. Kent	I. McKenna	Cullen family
8.00 am	J. Briginshaw J. Kerin	G. Hinton	McGovern family
9.30 am	R. Mariconda T. Jordan	B. Brown	O'Beirne family
11.00 am	M. Hitchens A. Johnson	R. D'Souza, K. Aldous, C. Maguire	Anna Mitchell & family
6.30 pm	A. Fusi A. Fusi	N. Garibaldi	Murray family
Cleaning Team: Team B. Tuesday 11th August			
Sunday Coffee: Vera Next week: Hannah			
Next week we celebrate the Feast of the Assumption of the Blessed Virgin Mary			